



GROUP HOME BULLETIN

DIVISION OF DEVELOPMENTAL DISABILITIES

PROGRAM MONITORING

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Arizona Department of Health Services

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FRAUD HOTLINE

1-877-822-5799

www.azdes.gov/report_fraud/



Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation.

The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity.

If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at 602-542-0419; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request. • Ayuda gratuita con traducciones relacionadas con los servicios del DES está disponible a solicitud del cliente.

BEWARE EFFECTS OF SMOKE FROM WILDFIRES

Wildfire smoke is a mixture of small particles, gases and water vapor. Even though a wildfire may be far away, the smoke can cause possible health hazards for miles.

The primary health concern is the small particles. These small particles can cause burning eyes, runny nose, scratchy throat, headaches and illness (i.e., bronchitis). They can also worsen chronic heart and lung disease (i.e., emphysema, asthma, and COPD).

Avoid breathing smoke if you can help it. If you are healthy, you usually are not at a major risk from smoke. People at risk include those with heart or lung diseases, children and older adults.



The Arizona Department of Health Services has many materials to aid in preparedness and health concerns during a wildland fire. A brochure is available that contains a color-coded scale that ties visibility to health impacts, as well as a listing of things to bring if evacuation is necessary, including food, water, medical supplies, documents and identification cards, and pet supplies. <http://www.azdhs.gov/phs/oeh/toxicology/wildfires.htm>

Use common sense to protect yourself and individuals you support. If it looks smoky outside, it is not a good time for outdoor activities. It is a good time for children and medically fragile adults to remain indoors. Use the following visibility guidelines to determine air quality conditions, identify health effects, and determine the exertion levels based on the visibility range:

VISIBILITY RANGE	HEALTH CATEGORY	HEALTH EFFECTS
10+ Miles	Good	None
5 - 10 Miles	Moderate	People who are usually sensitive should consider reducing prolonged or heavy exertion.
3 - 5 Miles	Unhealthy for Sensitive Groups	Sensitive people should reduce prolonged or heavy exertion.
1.5 - 3 Miles	Unhealthy	People who are sensitive should avoid prolonged or heavy exertion. Everyone else should reduce prolonged or heavy exertion.
1 - 1.5 Miles	Very Unhealthy	People who are sensitive should avoid all physical activity outdoors. Everyone else should avoid prolonged or heavy exertion.
1 Mile or Less	Hazardous	People who are sensitive should remain indoors and keep activity levels low. Everyone else should avoid all physical activity outdoors.

Generally speaking, the worse the visibility, the worse the conditions. To use the visibility guidelines, face away from the sun, determine the limit of your visibility range by looking for targets at known distances (miles). The visibility range is the point at which even high contrast objects totally disappear. This is not the point at which you can see the smoke.

If you are advised to stay indoors, keep your windows and doors closed. Run your air conditioner, if you have one. Avoid using anything that burns inside, such as wood and gas stoves, candles, and cigarettes.

HOT TOPICS: Dehydration

Dehydration happens when the amount of fluid leaving the body is greater than the amount going into the body. Losing too much fluid can be life-threatening.

What to WATCH for:



- Dry Skin
- Dry Mouth
- Extreme Thirst
- Tired, Weak, or Dizzy
- Dark-Colored Urine with or without a Strong Smell

People at INCREASED RISK include Individuals:



- In need of help drinking or getting drinks
- Unable to communicate that they are thirsty
- Refusing food or fluids
- Experiencing increased loss of body fluids
 - sweat • vomit • drool • diarrhea • urine
- Taking medication that cause loss of fluids
 - diuretics (water pills) • some behavioral health medications
- Having medical conditions, such as kidney disease or diabetes

WHAT TO DO:



- Notify a Doctor to the possibility of dehydration and specific fluid intake requirements
- Increase fluids when in the heat for extended periods of time
- Ensure individuals in your care are drinking proper amounts of water each day
- Frequently offer liquids or food high in fluids, such as gelatin or watermelon
- Individuals with fluid restrictions may need more liquids in hot weather months — Call or set an appointment with their medical provider to adjust the fluid restriction amounts
- If you are thirsty and getting a drink — offer one to those you support, too!

EMERGENCY:

NOTIFY THE DOCTOR IMMEDIATELY IF ANY OF THE FOLLOWING OCCUR:



- Unable to take fluids safely
- Extreme Thirst
- Confusion
- Little or no urine output

BEWARE EFFECTS OF SMOKE

Continued...

Air filtration devices that use HEPA filters can reduce the level of particles indoors. Do not use an air cleaner that works by generating ozone.



If you have asthma or other lung diseases, be vigilant about taking the medications prescribed by your doctor. If you are supposed to measure your peak flows (lungs functioning/ measurement test), make sure you do so. Call your doctor if your symptoms worsen.

The same particles that cause problems for people may cause some problems for animals. Don't force your animals to run or work in smoky conditions. If your pet has heart or lung disease, follow the same visibility guides as for sensitive people.

Source: Arizona Department of Health Services

REPORTING FRAUD IF YOU SUSPECT IT, REPORT IT!

—Courtney McFarland
OCR ADMINISTRATIVE SERVICES OFFICER

Fraud is an intentional deception or misrepresentation made by a person who know the deceit could result in some unauthorized benefit to oneself or some other person (42 CFR 455.2).

It is every person's responsibility to be alert and aware of possible fraudulent activities. Here are some examples of fraud by providers, members, and employees.



Providers might bill DDD for members who are no longer eligible, bill for higher procedure codes than what was actually performed (Upcoding), or providers could bill for more hours of services than were actually provided.

Member fraud may be committed by intentionally leaving out or misrepresenting information required in the eligibility determination.

Acts of employee fraud could be intentionally changing information on a case or submitting overtime hours that were not actually worked.

If you suspect that anyone has committed fraud, report it. Even if you do not have all the information it is always better to report partial information than to not report at all.

Report Division of Developmental Disabilities fraud to the Office of Compliance and Review (OCR) by:



Calling the free DES/DDD Fraud Hotline @ 1-877-822-5799 or the Office of Compliance and Review @ 602-542-0419



Reporting online at https://www.azdes.gov/report_fraud/



Mail the Office of Compliance and Review :
P.O. Box 6123 S/C 791A
Phoenix, AZ 85005



Fax to 602-364-2850



Report in person to the Office of Compliance and Review:
1789 West Jefferson Street (4th Floor)
Phoenix, AZ 85007

REMINDER:

In the event of ANY consumer emergencies,
CALL 9-1-1 IMMEDIATELY!

FOR FURTHER INFORMATION REGARDING PROGRAM UPDATES,
PLEASE REVIEW THE DIVISION'S WEBSITE:

https://www.azdes.gov/developmental_disabilities/

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PLEASE SEND FEEDBACK & COMMENTS TO:
dddmonitoring@azdes.gov

GROUP HOME BULLETIN ON-LINE: Click on "News & Events"
https://www.azdes.gov/developmental_disabilities/