

## Family Caregiver Support Program Eligibility:

Family Caregivers are:

- Family members or other individuals providing in-home and community care to an older adult or any individual with Alzheimer's disease or a related neurological disorder
- A parent, grandparent or other relative by blood, marriage or adoption providing care to an individual with a disability
- Grandparents/step-grandparents or older relative caregivers (by blood, marriage or adoption) who are 55 years of age or older who:
  - ✓ Live with the child who is not more than 18 years of age
  - ✓ Live with an adult between 18 and 59 years of age with a disability (the caregiver cannot be the parent)
  - ✓ Are the primary caregiver of the child
  - ✓ Have a legal relationship to the child through legal custody, adoption, guardianship, or by raising the child informally.

Contact your local Area Agency on Aging to inquire about additional information on services in your area

**For more information about respite services in Arizona, call the Arizona Caregiver Coalition's Caregiver Resource Line at 888-737-7494**



## Area Agency on Aging Contact Information

The DES Division of Aging and Adult Services funds non-medical home and community-based services and supports the Area Agencies on Aging (AAA) to provide caregiver support services and other programs and services for older adults and individuals with disabilities.

### Maricopa County

Area Agency on Aging, Region One  
Phone: (602) 264-4357

### Pima County

Pima Council on Aging, Region Two  
Phone: (520) 790-7262

### Yavapai, Coconino, Navajo, Apache Counties

Northern Arizona Council of Governments, Region Three  
Phone: 1 (877) 521-3500

### Mohave, La Paz, Yuma Counties

Western Arizona Council of Governments, Region Four  
Phone: 1 (800) 782-1886

### Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens, Region Five  
Phone: 1 (800) 293-9393

### Cochise, Graham, Greenlee, Santa Cruz Counties

SouthEastern Arizona Governments Organization, Region Six  
Phone: (520) 432-2528

### Navajo Nation

Navajo Area Agency on Aging, Region Seven  
Phone: (928) 871-6869

### Inter Tribal Council of Arizona

Inter Tribal Council of Arizona, Inc., Region Eight  
Phone: (602) 258-4822

Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602 542 4446; TTY/TDD Services 7 1 1 • Disponible en español en línea o en la oficina local

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DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



**Family Caregiver Support Program**

## Are you a Family Caregiver?

Family Caregivers provide the vast majority of the assistance that enables older Arizonans and those with disabilities to live independently in their homes and communities. Caregivers can also include grandparents raising grandchildren.

## What is the Family Caregiver Support Program?

The program offers five direct services to family caregivers, including:

- **Information** to caregivers about available services
- **Assistance** to caregivers in gaining access to the services
- **Individual counseling**, organization of support groups, and training to assist caregivers in making decisions and solving problems relating to their roles
- **Respite care** to enable caregivers to be temporarily relieved from their caregiving responsibilities
- **Supplemental services**, on a limited basis, to complement the care provided by caregivers

The Family Caregiver Support Program is provided through your local Area Agency on Aging (AAA).

Not all services are available in all regions. Contact your local AAA for more information.



## The Family Caregiver Support Programs offer caregiver supportive programs, services and resources, including:

- Caregiver support groups
- Trualta - skills based training platform
- Peer counseling sessions
- Supportive intervention/guidance counseling
- Memory Cafes
- Evidence based caregiver sessions
- Caregiver training/workshops
- Caregiver conferences
- Community education and presentations
- Grandparents raising grandchildren or kinship support groups
- Kinship training/workshops
- Case management
- Respite care services
- In home and adult day healthcare respite
- Emergency respite care

## On a limited basis:

- Supplemental services for family caregivers
- Supplemental services for kinship caregivers
- Adaptative aids and devices
- Home repair/renovation



## Area Agencies on Aging

An Area Agency on Aging (AAA) is a public or nonprofit, private agency that helps older Arizonans. Many programs are offered in partnership with the Arizona Department of Economic Security (DES) and funded through the Older Americans Act. While the Aging Network has always been involved in meeting the needs of care recipients and caregivers, by creating the NFCSP, Congress explicitly recognized the important role that family caregivers occupy in our nation's long-term services and support system. As of 2016, the Reauthorization of the Older Americans Act declared that specific populations of caregivers are eligible to receive services.

## Being Paid to be a Family Caregiver

Arizona Long Term Care System (ALTCS) under Arizona Health Care Cost Containment System (AHCCCS) offers plans for family caregivers. Unfortunately, the DES Division of Aging and Adult Services does NOT offer any type of program or service by which a caregiver will be paid to care for a spouse, relative, neighbor, other loved one or another person.

For more information, contact the AHCCCS/ALTCS program at (602) 417-6600 or visit their website locator online at the following link:  
<https://www.azahcccs.gov/members/ALTCSlocations.html>.